

MAY

EAST WINDSOR PUBLIC SCHOOLS

AVAILABLE DAILY

Choice of White, Chocolate, Low Fat,
or Skim Milk and Choice of Fruit

ALTERNATE LUNCH CHOICES

Fresh Fruit with Yogurt and Bagel
Chef Salad with a roll
Assorted Grinders
Assorted Sandwiches

			Popcorn chicken 1 Mashed potatoes with gravy Corn Bread & Butter Choice of fruit	Corn dog nuggets 2 French fries Pickle chips Choice of fruit Fish sticks HS – Deli bar
Grilled Cheese 5 Potato chip Choice of fruit Honey BBQ rib on a roll	Chicken pot pies crisпитos 6 Cheese fries Carrots Bread & butter Breaded oven baked chicken Choice of fruit	7 NO SCHOOL	Ziti with meat sauce 8 Green beans Garlic bread stick Choice of fruit	Teriyaki tenders 9 Rice Corn Bread and butter Choice of fruit HS - Deli bar
Baked potato bar 12 Broccoli cuts with cheese sauce Chili with meat Dinner roll Hot dog on a roll Choice of fruit	Salisbury steak 13 Mashed potatoes with gravy Carrots Spicy chicken tenders Choice of fruit BB – Chicken tenders	Plain or Pepperoni pizza 14 Veggie sticks with low fat Ranch dressing Choice of fruit or jello HS - French bread pizza	<u>Italian Delight</u> 15 Mozzarella sticks Marinara sauce Garlic bread stick Tossed salad Choice of fruit BBS – Birthday meal	French toast sticks 16 Sausage links Hash brown potatoes Choice of fruit or juice HS – Deli bar
Chicken patty on a roll 19 Lettuce and tomato Macaroni & cheese Choice of fruit Hot dog on a roll	Hot meatball grinder 20 Onion rings Marinated cukes Choice of fruit BB – Cheese dippers with sauce	Pizza pockets 21 Tossed salad Assorted dressings Choice of fruit or jello HS – French bread pizza	Tacos 22 Rice Lettuce and salsa Green beans Choice of fruit Chicken fajita tortilla	Chicken fryz 23 Soft pretzel Baby carrots with low fat dip Choice of fruit or juice HS – Deli bar
26 NO SCHOOL MEMORIAL DAY	Cheese or chicken 27 quesadilla Corn Nachos and cheese Choice of fruit BBS – Hot dog on a roll	Bagel pizza 28 Tossed salad Assorted dressings Choice of fruit or jello HS - French bread pizza	Chicken nuggets 29 Assorted sauces Buttered noodles Glazed carrots Cornbread Choice of fruit	Cheeseburger or 30 hamburger on a roll French fries Choice of fruit Fish on a roll HS - Deli bar